



Mountain Kim,s 44th Championship Event

For information call: (703) 255-0202 Saturday November 14, 2009 www.mtkim.com

Entry Fees: All Fees are Non-refundable

Preregistration: \$45-One Event;
\$55-Two or Three Events

At the Door: \$55-One Event;
\$65-Two or Three Events

Please Circle Categories

Rank-Belt (circle): Black Red Brown Blue

With Stripe Green Gold White

Black Belt Meeting: 9am, all black belts please attend.
Black Belt Competition starts at 9:15am

Events: Forms/Weapons...Breaking...Sparring & Judo
Gold/S & Under **10:30 to 1:30**
Green & Up **1:30 to 5:30**

Divisions: Men/Boys Women/Girls

NOTE: Depending on number of entrants, all Black Belt women 15 and older will compete in the same group for Grand Championships in order to allow for better competition, as this group is usually too small to break into divisions.

Age Level:	4-5-6	7-8	9-10
	11-12	13-14	15-16
	17-35		
	36-45	Over46	

NOTE: Depending on the number of contestants, age groups and/or belt levels may be combined.

Rules:

1. General: Depending on the number of contestants, Forms and Breaking up to age 10 may be combined (boys and girls together); and the Red/Brown belts may be separated. Sparring, however, will not be combined in any age level.

2. Beginners: Stop point, first fighter to score 3 points is the winner. Two points for controlled head kick. One point for middle section kick or reverse punch. (White belt and white stripe belt no contact.)

3. Green Belts and Up: WTF rules, 1.5 minute rounds will apply. The following fighting equipment is **MANDATORY:** mouth guard, cup, head gear, foot/shin guards, hand/forearm guards, and chest protector. Required gear will be for sale at the Championship.

4. Board Breaking: Gold Stripe and Under Maximum 2 targets. Green Belt and up, Maximum 3 targets, no cinder blocks. (1-inch thick boards)

5. Grand Championship: Grand Championship Trophy

NAME _____

PHONE _____

ADDRESS _____

CITY _____

STATE _____

ZIP _____

EMERGENCY CONTACT & PHONE # _____

EMAIL _____

DOJANG _____

WEIGHT _____

HEIGHT _____

I hereby submit my application for registration in the 2009 Mountain Kim Martial Arts 44th Annual Championship. I agree to wave all claims against anyone connected with the Championship for injuries I may sustain, and likewise will assume full responsibility for all my actions in connection with the championship.

I shall strictly observe and obey the rules and regulations, printed, verbal or otherwise, governing this championship. I further agree that any picture taken of me in connection with the championship can be used by the Championship Director for publicity or promotion without compensation at this or any other time.

SIGNATURE _____ DATE _____

(IF UNDER 18 YEARS OF AGE)

PRESENT OR GUARDIAN _____

Send payment to: Mt. Kim
210 Dominion Road
Vienna, VA 22180

Northern Virginia Community College
Annandale Campus
8333 Little River Turnpike
Annandale, VA 22003

White Uniforms Only Please